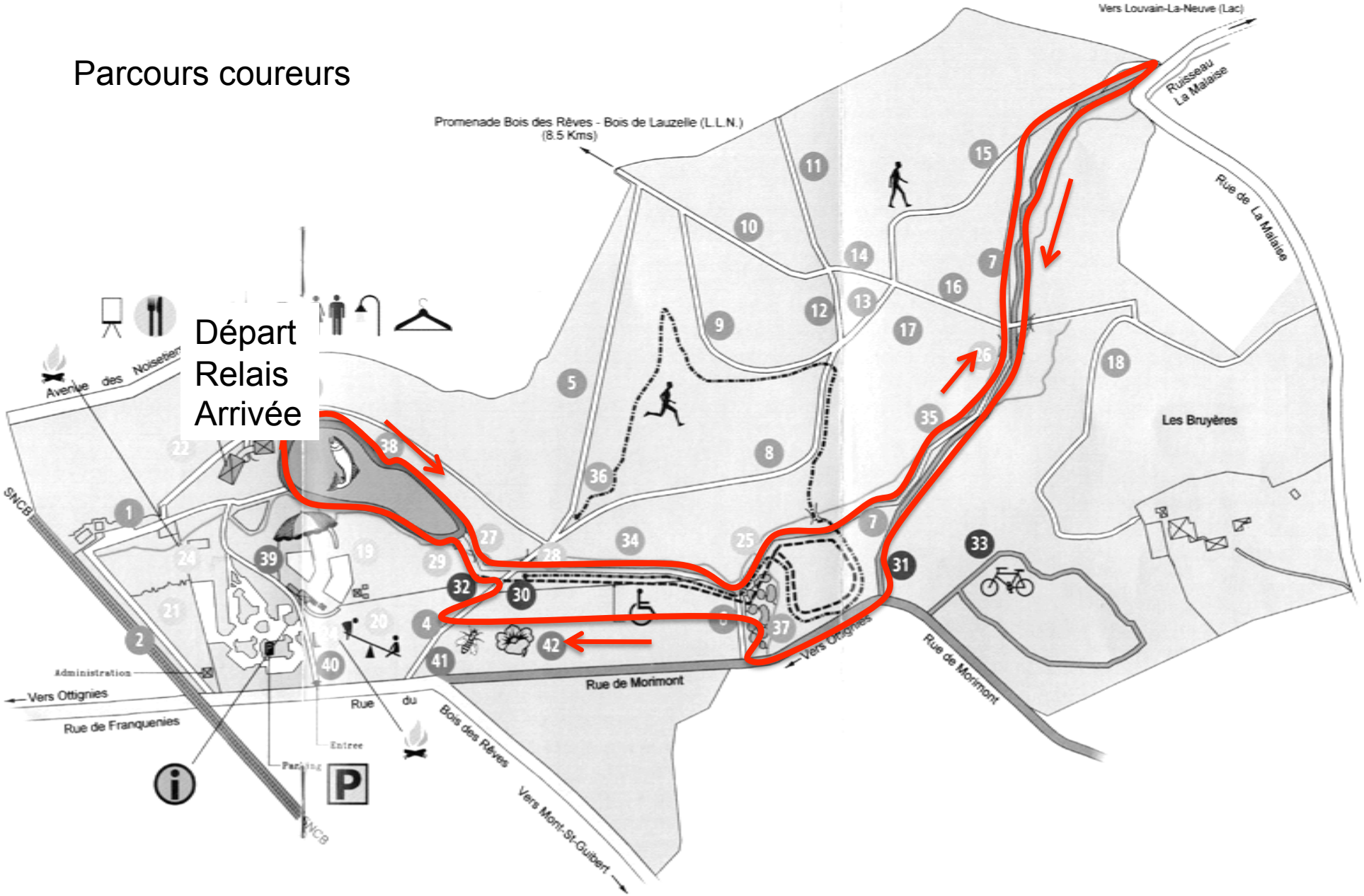Parcours coureurs